Injuries/Illnesses Requiring Emergency Medical Services Transport:

1. Open fractures. Closed fractures with or without neurological and/or circulatory complications.
2. Dislocations with or without neurological and/or circulatory complications.
3. All cervical injuries with suspected neurological complications.
4. All head injuries with loss of consciousness over one minute and any severe head trauma injuries.
5. All suspected heart attack victims.
6. All injuries involving suspected severe internal injuries.
7. All severe cases of asthma and other severe cases of respiratory distress.
8. All injuries that involve shock.

Activating Emergency Medical Plan

1) Any for emergency medical services must be made by a supervising athletic trainer.

2) If the emergency exists beyond the athletic training departments hours of operation, the person in charge should make the request for emergency medical services.

3) Contact Public Safety through two-way radio (Channel 1 on ATR radios) or phone: (413) 572-5262 to dispatch for emergency.

4) Give the following information to the dispatcher:
   a) your name
   b) location – (Woodward Center/Alumni Field)
   c) situation/emergency
   d) name and age of victim if known

5) If the emergency is in the Woodward Center, have one person stand at the rear entrance and one person at the front entrance to direct EMS when they arrive.

b) If the emergency is on the athletic fields, send someone to the entrance of the Woodward Center parking lot and one person at the large entry gate (depending on the field. Each field has a large gate for ambulance entry) at the fields to direct EMS.

6) Vital signs should be readily available to EMS when they arrive.
Emergencies at Away contests:

1) When arriving at the host institution, find a member of the host institution's athletic training staff, so you will know whom to contact in the case of an emergency.

2) When an athlete is transported by EMS to the hospital, a coach shall designate another coach/athlete to accompany the athlete. The athletic trainer may choose to accompany the athlete if he/she chooses to do so, but it is not required.

3) If the injured athlete is admitted to the hospital, the athletic trainer must:
   a) give information to the hospital staff to contact the athlete's parents to inform them that their child will be admitted to the hospital.
   b) contact the WSU athletic director regarding the situation.
   b) return home with the team.

Visiting Team athletes/staff:

1) If a visiting team is traveling with an athletic trainer, the Westfield State University athletic training staff will assist in any emergency situation. If a visiting team is traveling without an athletic trainer, the Westfield State University athletic training staff will provide emergency care for the visiting team.

Coaches, Officials, Staff Members, and Spectators:

1) If injuries/illnesses occur to the members stated above, the athletic training staff will provide emergency care and activate emergency medical services as needed.
Emergency Equipment

Emergency equipment that may be available either on-site or in the athletic training room include:

- Automated External Defibrillator
- Vacuum Splint(leg/arm/pump)-3 sets
  3 - AT room
  1 – Woodward Center Lobby
  1 – Parenzo/Bonacos Lobby

- CPR masks
- Knee immobilizers

- Spine Board with head immobilizer(2)
- Crutches

- Cervical Collar(4)
- First aid supplies

- Biohazard Bin andSharps Container

* All emergency equipment and supplies are located in the Athletic Training room *
Automated External Defibrillator (AED) Protocol

The Westfield State University Athletic Training Department utilizes the Phillips Heartstart FR2+ Automated External Defibrillator (AED). The department has three units, which will be on-site at all games. If more than 3 events are going on at the same time, the units will be located at the contests with the largest crowd. One AED will travel to and from the ice hockey rink for each ice hockey practice/game during the season. When no events are being held, the AED units will be in the athletic training room office. Monthly battery checks and machine inspection will be performed. A Medpak CR Plus AED is located in the lobby of the Woodward Center in the case of an emergency. One AED is also located in the lobby of the Parenzo/Bonacos building.

AED Protocol

An AED will only be used on a patient suspected of a cardiopulmonary arrest (heart attack). Signs and symptoms to look for are a person who is unconscious, has no pulse, and is not breathing.
- If the patient presents all 3 signs/symptoms, ACTIVATE 911 immediately (see emergency plan).
- Get AED immediately. While one person is getting the AED, the athletic trainer or first responder will begin initial care and CPR if necessary.
- Turn on the machine
- Plug in electrode connectors to machine
- Attach electrodes on the patient (follow diagram for placement)
- Listen to voice commands. When AED is analyzing the heart rhythm, step away from the patient.
- Follow voice commands until EMS arrives.

AED Contraindications

In the event of an emergency, a debriefing will be done after EMS departs from the facility. The debriefing will serve the purpose of ensuring an efficient emergency plan, as well as provide a support system. A statement of events will also be written within 48 hours of the emergency and kept on file with the necessary personnel.
Suspected Head/Neck Injury

- If a spinal cord injury or severe head injury is suspected, activate EMS immediately (follow emergency plan)
- Stabilize the cervical spine in-line (first responder).
- Access vital signs
- Access dermatomes/myotomes of the cervical spine
- Provide any necessary first-aid once athlete is stabilized.
- When dealing with an athlete who wears a mask and pads (i.e. football, ice hockey, lacrosse), remove the face guard (Trainer's Angel/FM Extractor/Power screwdriver may be used for plastic clips) for quick airway access. Do NOT remove the helmet or pads from the athlete unless it is interfering with the athlete's airway.
- Backboards and cervical collars are available in the athletic training room, however, we will wait for EMTs/Paramedics to collar and backboard the athlete.